



If you have no specific health issues you can wear the PowerStrips™ for prevention. For prevention apply the PowerStrips™ between the shoulder-blade. In order to cease minor pain and aches you should apply the PowerStrips™ for a few days.

The PowerStrips™ can be applied for 48 h. To make the PowerStrips™ to stay for 48 h it is recommended to round the edges or use leucoplast. If you are in a need of the substances in the PowerStrips™, it can be that the adhesive power of the Strips is gone before 48 h.

**To find all causes of the symptoms and diseases I recommend a [SCIO-Biofeedback Analysis](#).**

#### **PowerStrips™ Instructions for use:**

1. **Infection of the middle ear:** behind the ear and on the 7<sup>th</sup> cervical vertebra
2. **Tonsillitis:** on the throat and on both lymph node
3. **Rhinitis, Cough, Bronchitis:** on the breastbone and between the shoulder-blade
4. **Stop smoking** - supporting: on the breastbone and between the shoulder-blade
5. **Headache:** on that part of the forehead with the pain and on the cervical vertebra
6. **Stomach-ache, Indigestion:** ½ PowerStrips™ on the stomach, ½ PowerStrips™ on the sacrum or between shoulder-blade.
7. **Pyrosis:** ½ PowerStrips™ on the gallbladder, ½ PowerStrips™ on the sacrum
8. **Constipation, Colitis:** ½ PowerStrips™ below the belly button, ½ PowerStrips™ on the sacrum
9. **Prostate:** cut the PowerStrips™ in 4 pieces. 1 piece below the belly button, 1 piece on the sacrum and 1 piece on the inside of each thighs
10. **Gynecological problems:** cut the PowerStrips™ in 4 pieces. 1 piece on the left and right ovary, 1 piece on the inside of each thighs and ½ PowerStrips on the sacrum
11. **Arthritis:** cut the PowerStrips™ in 4 pieces, apply around the joint in pain
12. **Heel spur:** in the heel
13. **Varicosities – no nodes:** ½ PowerStrips™ on the lower 3<sup>rd</sup> on the back of the lower leg, ½ PowerStrips™ on the sacrum
14. **Allergies:** ½ PowerStrips on the sacrum and ½ PowerStrips™ on each bottom of the foot ( foot reflexology liver and intestine)
15. **Dermatitis, Psoriasis:** ½ PowerStrips directly on the rash and ½ PowerStrips™ on each bottom of the foot ( foot reflexology liver and intestine)
16. **Improving Brain Circulation, Improving Memory and Concentration, Insomnia:** ½ PowerStrips on the cervical vertebra, ½ PowerStrips on the sacrum and ½ PowerStrips between the shoulder-blade
17. **Burnings:** beside the wound – NEVER on the wound!

#### **NEVER apply on open wounds!**

##### Disclaimer:

LifePlanEarth and Oliver Zuber-Kaldenbach are not giving any medical advises, promises or guaranties. They do not make any diagnosis or treat specific health issues or health problems. The client alone is responsible for all health issues or medical treatments.

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Find the causes of symptoms and diseases with a [SCIO-Biofeedback Analysis](#) ➡ Remove all causes of symptoms and diseases with SCIO-Biofeedback and [Light Healing](#)